

# Hygiene Guidance

We are supporting a vulnerable individual so let's do everything we possibly can to ensure we provide them with a safe and clean environment to live in and at the same time a safe place for us to work in. All houses will have been cleaned to ensure surfaces and handles have been disinfected. We are all responsible for helping to make this happen so please share any concerns or suggestion you have with your team and TF.

On **Entering** the house please go directly to the bathroom and wash your hands following the guidance provided. This is to reduce any contamination being brought into the house.

It has been agreed that we will use individual hand towels or paper towels for drying our hands. Paper towels should be disposed of after use , hand towels need to be added to the washing machine just before you leave support when you are no longer needing it.

A supply of hand/paper towels needs to be available and easily accessible for each PA, so please ensure you work as a team and have towels available for the next person coming on support.

If using hand towels, please work as a team and ensure they are washed daily at a minimum of 60C .

All handovers please do not linger. This reduces any cross contamination. Again we are trying to ensure a safe space for the person whose home we are in. If you need to pass on additional information to what you have left in the communication book/daily diary then a phone call can always be made if needed after you have left.

When starting support please take 5 minutes to wipe down handles, phones and working surfaces.

We need to remind everyone that frequent hand washing and taking precautions is always advisable.

Please try to carry a tissue if possible. The guidance is to cough / sneeze into your arm if you do not have a tissue to hand.

If you have any concerns, questions or suggestions please contact your TF or On Call.